

Dr. NIRMALA MANI ADHIKARY
Asst. Professor of Media Studies
Kathmandu University School of Arts (KUSoA)
Hattiban, Lalitpur, Nepal
Ph. +977-9841319291
Email: nirmalam.adhikary@gmail.com, nma@ku.edu.np

NATIONALITY

Nepali

DATE OF BIRTH

14 May 1976 (B.S. 2033.02.01)

GENDER

Male

CIVIL STATUS

Married

EDUCATION

Ph. D. in Communication, Nepal Sanskrit University, 2012.

M. Phil. in English, Pokhara University, 2007.

M.A. in Mass Communication and Journalism, Purvanchal University, 2003.

B. Sc., Tribhuvan University (Prithvi Narayan Campus, Pokhara), 2000.

I. Sc., Tribhuvan University (Prithvi Narayan Campus, Pokhara), 1995.

S. L. C., HMG Board Nepal (Min Secondary School, Tanahun), 1993.

POST-Ph.D. ACADEMIC RESEARCH

Research Fellow (Bharata Muni Chair), Makhanlal Chaturvedi National University of Journalism and Communication, Bhopal, Madhya Pradesh, India, 2012-2013.

As the Research Fellow, I studied ancient text *Natyashastra*, and submitted a dissertation entitled *Theory and Practice of Communication: Explorations from Natyashastra of Bharata*.

ACADEMIC & ADMINISTRATIVE POSITIONS IN UNIVERSITY/COLLEGE

Asst. Professor, Kathmandu University: Promoted to Asst. Professor in July 2008. The academic position of Asst. Professor requires teaching various courses including journalism, media research and communication theory, supervision of various research projects and evaluation of students. Various assignments as question paper

setter and examiner, and also assigned for moderation of question papers and scrutiny of answer sheets, since 2007.

Coordinator of Media Studies, from 1 August 2013 to 16 August 2016.

“Coordinator of Media Studies” is administrative position responsible for planning, coordination, management and implementation of Media Studies programme in the university.

Member Secretary, Media Studies Subject Committee, Kathmandu University, since February 2014 to February 2017.

Major responsibilities included developing various course contents of Media Studies programme, curricular planning, and coordinating various curricular processes in the university.

Coordinator, Journalism and Mass Communication Curriculum Design Committee, Far-Western University, July 2013.

Major responsibilities included developing various course contents of Journalism and Mass Communication programme, and coordinating various curricular processes in the university.

Member, Media Studies Subject Committee, School of Arts, Kathmandu University, July 2007 to February 2014.

Major responsibility included developing various course contents of Media Studies programme in the university.

Coordinator, Media Studies Curriculum Development Committee, Dept. of Languages and Mass Communication, Kathmandu University, 2011-2012.

Major responsibility included developing the curriculum of Master of Media Studies programme in the university.

Lecturer, Dept. of Languages and Mass Communication, Kathmandu University, March 2007 to July 2008.

Major responsibilities include teaching various courses including journalism, media research and communication theory, supervision of various research projects and evaluation of students.

Director, Communication Study Center (CSC), August 2005-March 2007.

Major responsibilities included day-to-day administration of the center, and planning, coordination, management and implementation of various activities including research, publication and seminars. During my tenure, the center conducted no. of research including “Media Coverage of the Interim Constitution Drafting Committee. A content analysis” (2006) and “Coverage of Pundit Narayan Prasad Pokharel's assassination” (2005), and it published an anthology entitled *MBM anthology of media studies*.

Lecturer and Head of the Department of Journalism and Mass Communication, MBM College, Kathmandu, August 2004-March 2007.

Major responsibilities included teaching various courses including journalism and media research, evaluation of students, day-to-day administration of the department, and planning, coordination, management and implementation of Journalism and Mass Communication programme in the college.

Teaching Assistant, MBM College, Kathmandu, July 2002 to July 2004.

Major responsibility included teaching various courses to and evaluation of students.

VISITING FACULTY

Dept. of Journalism and Mass Communication, Dev Sanskriti Vishwavidhyalaya (DSVV), Haridwar, Uttarakhand, India, 2012-2013.

Shepherd College of Media Technology, Kathmandu, August 2003 to August 2006.

Universal Academy College, Kathmandu, July 2003 to April 2006.

Metro College, Kathmandu, August 2003 to July 2004.

Pasang Lhamu Sherpa Memorial College, Kathmandu, July 2003 to August 2004.

Ph.D. & MASTER'S RESEARCH SUPERVISION

- Co-supervisor to Aditya Kumar Shukla. Research ongoing on “Yoga Philosophical Study of Communication”. Dev Sanskriti University, Haridwar, India. (Ongoing)
- Research Expert to Krishna Sah. Research ongoing on “Non-verbal communication in Bharata’s *Natyashastra*”. Nepal Sanskrit University Research Center, Kathmandu, Nepal. (Ongoing)
- Supervisor to Mr. Indra Dhoj Kshetri. Dissertation on Sustainability of Online Newsportals in Nepal, Purbanchal University, Nepal, 2007.

ADDITIONAL RESPONSIBILITIES IN UNIVERSITY

Convener, International Seminar on Role of Media in Promoting India-Nepal Relation, organized by the Makhanlal Chaturvedi National University of Journalism and Communication in collaboration with Department of Languages and Mass Communication, School of Arts, Kathmandu University on 3-4 April 2017.

Major responsibilities included over-all planning, management, coordination and implementation of various activities with regard to the seminar.

Member, Student Alumni Sub-Committee of the Kathmandu University Silver Jubilee Celebration Committee, 2016.

Convener, National Seminar on Media Ethics, organized by the Dept. of Languages and Mass Communication, Kathmandu University on 23 March 2014.

Major responsibilities included over-all planning, management, coordination and implementation of various activities with regard to the seminar.

Co-convener, the Third, Fourth and Fifth Media Research Conferences, Jointly organized by the Dept. of Languages and Mass Communication, Kathmandu University and Martin Chautari, Kathmandu, 2012, 2013 and 2014.
Major responsibilities included over-all planning, management, coordination and implementation of various activities with regard to the seminar.

PUBLICATIONS

BOOKS

Authored Books:

1. *Supporting Safety of Journalists in Nepal: An Assessment based on UNESCO's Journalists' Safety Indicators*. Paris: UNESCO, 2016. [ISBN: 9789231001666]
2. *Veda ra Vaidika Hindu Dhara*. Jhapa: Ganga Devi Chudal. 2016 (2072 B.S.). [ISBN: 9789937004695]
3. *Theory and Practice of Communication – Bharata Muni*. Bhopal: Makhanlal Chaturvedi National University of Journalism and Communication, 2014. [ISBN: 9788192135588]
4. *Mahan Darshanik Kumarila Bhatta ra Bhatta-Mimamsa-Darshanko Sankshipta Parichaya*. Kathmandu: Shiva Prasad Gautam, Shanti Devi Gautam and Sushil Gautam, 2014 (2071 B.S.) [ISBN: 978-9937-2-8831-6].
5. *Adharbhoot Patrakarita*. Kathmandu: UNESCO & Media Advocacy Group, 2014 (2071 B.S.) [ISBN: 978-9937-2-8449-3].
6. *Sanchar Mimamsa*. Kathmandu: Media Educators' Association of Nepal, 2011 (2068 B.S.). [ISBN: 978-9937-211956].
7. *Jivan: Antardrishti (Khandakavya)*. Tanahun: Taranga Sahityik Abhiyan, 2011 (2068 B.S.).
8. *Amsanchar ra Patrakarita: Sanchar, Media ra Patrakaritako Samasti Adhyayan*. Kathmandu: Prashanti Prakashan, 2009 (2066 B.S.). [ISBN: 9789937525022]
9. *Brahmanvad viruddha Ghrinavad: Nepalma Jatiya, Bhashik ra Sampradayik Sawal*. Kathmandu: Nirantar Prakashan, 2009 (2065 B.S.). [ISBN: 9789993348979]
10. *Ath Khandakavyaharu Ayod Dhaumyaka*. Tanahun: Taranga Sahityik Abhiyan, 2008 (2065 B.S.). [ISBN: 9789937808606]
11. *Communication, Media and Journalism: An Integrated Study*. Kathmandu: Prashanti Prakashan, 2008. [ISBN: 9789994679843]
12. *Prayogatmak Patrakarita (Practical Journalism)*. Kathmandu: Prashanti Pustak Bhandar, 2007 (2064 B.S.).
13. *Uchcha Madhyamik Amsanchar ra Patrakarita*. Kathmandu: Prashanti Prakashan, 2007 (2064 B.S.). [ISBN: 9789994679812]
14. *Mass Communication and Journalism for Higher Secondary*. Kathmandu: Prashanti Prakashan, 2007. [ISBN: 9789994679829]
15. *Sanchar Shodh ra Media Paryabekshan (Communication Research and Media Observation)*. Kathmandu: Prashanti Pustak Bhandar, 2007 (2063 B.S.).
16. *Advertising, Public Relations and Media Issues*. Kathmandu: Prashanti Pustak Bhandar, 2007. [ISBN: 9993368792x]
17. *Understanding Mass Media Research*. Kathmandu: Prashanti Pustak Bhandar, 2006. [ISBN: 9993368792]

18. *Studying Mass Media Ethics*. Kathmandu: Prashanti Pustak Bhandar, 2006. [ISBN: 9993368784]
19. *Amsanchar ra Patrakarita*. Kathmandu: Prashanti Pustak Bhandar, 2062 B.S.
20. *Mimamsa-Darshan Nirdeshan*. Kathmandu: Prashanti Pustak Bhandar, 2062 B.S.
21. *Udghoshankala: The Art of Anchoring*. Kathmandu: Prashanti Pustak Bhandar, 2061 B.S.
22. *Nirmal-Bhakti-Marga*. Kathmanu: Yuga Nirmal Abhiyan Nepal, 2061 B.S.
23. *Vaijnanik Satyayugako Adharasheela*. Yuga Nirmal Abhiyan Nepal, 2061 B.S.
24. *Vaijnanikatayukta Dharma Dharmikatayukta Vijnan*. Yuga Nirmal Abhiyan Nepal, 2061 B.S.
25. *Asthako Shanti-Yuddha*. Biratnagar: Nepali Bhasha-Sanskriti Parishad, 2057 B.S.
26. *Chheeneeng Peeheeno Magarko*. Biratnagar: Nepali Bhasha-Sanskriti Parishad, 2057 B.S.
27. *Chuchche-Nepteke Sawal ra Dashain Bahishkar*. Biratnagar: Nepali Bhasha-Sanskriti Parishad, 2056 B.S.
28. *Vrishti Upanishadko Drishti Mero*. Tanahun: Taranga Sahityik Abhiyan, 2054 B.S.
29. *Dharma ra Vijnan*. Tanahun: Taranga Sahityik Abhiyan, 2053 B.S.

Edited Books:

30. *Abhivyakti Swatantrata ra Patrakar Surakshako Mahattwa*. Kathmandu: UNESCO & Jagaran Media Center, 2014. [ISBN: 9789937283908]
31. *Uchcha Madhyamik Tahaka Lagi Amsanchar ra Patrakarita* (part II). Kathmandu: Prashanti Prakashan, 2008 (2065 B.S.).
32. *MBM Anthology of Media Studies*. Kathmandu: CSC, Madan Bhandari Memorial College, 2007.
33. *Communication, Mass Media and Journalism*. Kathmandu: Prashanti Pustak Bhandar, 2005. [ISBN: 9993368768]
34. *Samyukta Rastra Sangha ra Nepal: Agenda Item 19 ra Serofero*. Kathmandu: INSEC, 2062 B.S.
35. *Bala Adhikar Shiksha*. 4th ed. Kathmanu: INSEC, 2062 B.S.
36. *Patrakarita Adhyayan*. Kathmandu: CCSN, 2061 B.S.
37. *Amsanchar ra Patrakarita*. Kathmandu: Sunkoshi Prakashan, 2060 B.S.

Co-edited Books:

38. *Nepalma Dandahinata: Abhivyakti Swatantrata evam Patrakar Surakshako Pariprekshya*. Kathmandu: UNESCO & SODEC-Nepal. 2015. [ISBN: 9789937001564]
39. *Nepali Vishwavidyalayaharuka Patrakarita Pathyakram*. Kathmandu: UNESCO & SODEC-Nepal. 2014. [ISBN: 9789937289252]
40. *Lokatantra Praptika Saya Din: Manav Adhikar Sthiti*. Kathmandu: INSEC. 2006. [ISBN: 9994690418]

Co-authored Book:

41. *Theory and Practice of Communication – Narada Muni*. Bhopal: Makhanlal Chaturvedi National University of Journalism and Communication, forthcoming.
42. *Rajyashra Awadharana ra Siddhanta*. Nawalparasi: Ramhari Sharma & Arjun Sharma. [ISBN: 9789937018272]

RESEARCH ARTICLES

1. "Hinduism and Communication Theory." *International Encyclopaedia of Communication Theory and Philosophy*. International Communication Association, 2016. [Published from USA] [ISBN: Print 978-1-118-29073-6, Online 9781118766804]
2. "Exploring classical Sanskrit texts from communication perspective: A checklist." *Journal of Content, Community and Communication*, 2, pp. 15-25, 2015. [Published from India] [ISSN: 2395-7514]
3. "Space and time in Hinduism: Implication for the Sadharaniaran model of communication." *Media Mimansa*, pp. 58-64, April-June 2013-Oct.-Dec. 2015. [Published from India]
4. "Siddhanta: Charaka Samhitako pariprekshya." *Darshan Drishti*, 4(1), 2015 [ISSN 2091-1823].
5. "Revisiting the Deadline of the First Constituent Assembly of Nepal." *Samhita: Journal of Press Council Nepal*, Joint Vol. 24-25, pp. 136-150, 2015.
6. "Approaching the CA Deadline through Media Coverage: Media Functions Perspective." *Rural Aurora*, 3, 2015. [ISBN 9789937252935].
7. "Ko Hun Hindu? Ke Ho Hindu Dharma?" *Jivan Darshan*, 10(1), 2015.
8. "Re-orientation, Ferment and Prospects of Communication Theory in South Asia." *China Media Research*, 10(2), pp. 24-28, 2014. [Simultaneously published from the USA and China] [ISSN 1556-889x].
9. "Nepal me Media Udyog (1990-2012)." *Jan Media*, 31, 2014. [Published from India] [ISSN: 2277-2847].
10. "Mahatma Gandhi and the Sadharanikaran Model of Communication." *The Journal of University Grants Commission*, 3(1), pp. 63-76, 2014 [ISSN: 2350-8566].
11. "Patrakaritama aba ke garnu parchha?" *Samhita: Journal of Press Council Nepal*, 22, 2014.
12. "Space and time in Hinduism: An overview with special reference to Sadharaniaran model of communication." *Darshan Drishti*, 3(2), 2014 [ISSN 2091-1823].
13. "Sanchar prakriyako Bhatta-Mimamsa dhanca." *Darshan Drishti*, 3(1), 2014 [ISSN 2091-1823].
14. "Theory building through research: An exposition from a classical Sanskrit text." *China Media Research*, 9(3), pp. 28-32, 2013. [Simultaneously published from the USA and China] [ISSN 1556-889x].
15. "Discoursing communication from the perspective of mainstream Hindu philosophy." *Dev Sanskriti Interdisciplinary International Journal*, 2, 2013. [Published from India] [ISSN: 2279-0578].
16. "Communication theory and classical Sanskrit texts." *Rural Aurora*, 2, 2013. [ISBN 9789937252935].
17. "Media shiksha." In D. Aryal, B. KC, & T. Pathak (Eds.), *Media reader*. Jagadamba Prakashan, 2013. [ISBN: 9789937598026].
18. "Sanchar prakriyaka tatwaharu: Bhatta-Mimamsa-darshanik drishtikon." *Darshan Drishti*, 2(2), 2013. [ISSN 2091-1823].

19. "Mimamsa-darshanko adhunik sancharshastriya sandarbhhikata." *Students' Concept*, 6(1), 2070 B.S.
20. "Discoursing media ethics and code of conduct." *Samhita: Journal of Press Council Nepal*, 17, 2013.
21. "Mimamsa-darshanik sanchar-siddhantakaran ra arthi bhavana." *Darshan Drishti*, 2(1), 2013. [ISSN 2091-1823].
22. "Hindu teaching on conflict and peacemaking." In L. Marsden (Ed.), *Ashgate research companion on religion and conflict resolution*, pp. 67-77. Ashgate Publishing Ltd, 2012. [Simultaneously published from the UK and USA] [ISBN 9781409410898].
23. "Sanchar aur media adhyayan: Pratiman parivartan aur maulik antardrishti." In V. Utpal (Ed.), *Naye samay me media*. Delhi: Yash Publications. [Published from India] [ISBN 9789381945612].
24. "Indigenous Theorization of Communication." *Rural Aurora*, 1, 2012. [ISBN 9789937252935].
25. "Mimamsa Darshanko Bhavana Siddhanta." *Madhuparka*, 45(6), 2012.
26. "Pratiman Parivartan aur Maulik Antardrishti." *Media Vimarsh*, 6(4), 2012 [Published from India]. [ISSN 2249-0599].
27. "Vikas sanchar: Samastikrit drishtikon." *Swashasan: The Journal of Self-Governance and Rural Development*, 37, 2012.
28. "Bhatta-Mimamsa darshanko sandarbhhikata: Adhunik sanchar-shastriya pariprekshya." *Darshan Drishti*, 1(2), 2012. [ISSN 2091-1823].
29. "Sanchar ra darshan: Vaidik Hindu sandarbha." *Darshan Drishti*, 1(1), 2012. [ISSN 2091-1823].
30. "Dainik patrikaka sampadakiyako pathaniyata." *Midiya Adhyayan*, 6, 2011. [ISBN 9789937838948].
31. "Journalism Education in the Universities of Nepal: Gender Perspective." *Shweta Shardul*, 2011.
32. "Theorizing communication: A model from Hinduism." In Y.B. Dura (Ed.), *MBM anthology of communication studies*, pp. 1-22. Kathmandu: Madan Bhandari Memorial College, 2011. [ISBN 9789937234379].
33. "Sahridayata in communication." *Bodhi: An Interdisciplinary Journal*, 4(1), 2010. [ISSN 2091-0479].
34. "Sancharyoga: Approaching communication as a vidya in Hindu orthodoxy." *China Media Research*, 6(3), pp. 76-84, 2010. [Simultaneously published from the USA and China] [ISSN 1556-889x].
35. "Communication and moksha-in-life." *Ritambhara: Journal of Nepal Sanskrit University Research Center*, 14, 2010.
36. "Post-2006 Tarai/Madhesh unrest in Nepal." *Shweta Shardul*, 2010.
37. "An introduction to sadharanikaran model of communication." *Bodhi: An Interdisciplinary Journal*, 3(1), 2009. [ISSN 2091-0479].
38. "Manusmriti as a resource for mass media ethics." In B. KC (Ed.), *MBM Anthology of Media Ethics*. Kathmandu: Madan Bhandari Memorial College, 2009. [ISBN 9789937219655].
39. "The Sadharanikaran Model and Aristotle's Model of Communication: A Comparative Study." *Bodhi*. 2008. [ISSN 2091-0479].
40. "Nepalma Media Nitishastra Adhyayan." *Midiya Adhyayan*, 3, 2008. [ISBN 9789937800488].

41. "Sahridayata darshanko prakkathan." *Students' Concept*, 4(2). 2067 B.S.
42. "Morality and Law: Guiding the Media." *Shweta Shardual*. 2008.
43. "Mimamsa-Philosophy and Mass Media Ethics." *Bodhi*. 2007. [ISSN 2091-0479].
44. "Inadequately Defending Democracy." *Informal*. 2007.
45. "Globalization, Mass Media and Cultural Intrusion: Nepali Perspective." *MBM Anthology of Media Studies*. 2007.
46. "Exploring New Paradigm in Mass Media Ethics." *MBM Anthology of Media Studies*. 2007.
47. "Content Analysis as Media Research Technique." *MBM Anthology of Media Studies*. 2007.
48. "Sancharko Hindu Awadharanatmak Adhyayan." *Sanchar Shodh ra Media Paryabekshan*. 2007 (2063 B.S.).
49. "Hindu Awadharanama Gaira-Shabdik Sanchar." *Sanchar Shodh ra Media Paryabekshan*. 2007 (2063 B.S.).
50. "Vishwako Pratham Janavidroha, Benko Patan ra Naya Rastrako Vidhi Nirman." *Prachi*. Issue No. 60. 2063 B.S.
51. "Antarim Sambidhan Masyauda Samitiko Kam: Sambidhan Lekhne ki Antarvarta Dine?" *Prachi*. Issue No. 60. 2063 B.S.
52. "Mahabharat Yuddha Pashchatko Antarim Abadhi ra Tesbata Sikna Sakine Path." *Prachi*. Issue No. 59. 2063 B.S.
53. "Vaiyaktik Swatantrata: Chanakya Ra JS Millka Dristikon." *Prachi*. Issue No. 57-58 (Joint). 2063 B.S.
54. "Radio Patrakarita: FMma Samachar Ra Samvad." *Baha Journal*. Vol. 3. 2063 B.S.
55. "Pandit Pokharelko Hatya Ra Sanchar Madhyam." *Prachi*. Issue No. 55. 2062 B.S.
56. "Hindu Sanchar Siddhanta: Ek Adhyayan." *Baha Journal*. Vol. 1. Phagun 2061 B.S.
57. "Sankatkal, Press Swatantrata ra Nyayapalika." *Prachi*. Issue No. 54. 2061 B.S.
58. "Journalist as Researcher." *Media Spectrum*. Vol. 1. 2061 B.S.
59. "Vyaktigat vs. Press Swatantrata." *Prachi*. Issue No. 44. 2059 B.S.

OTHER PUBLICATIONS

Hundreds of analytical articles published in newspapers, magazines, books, and e-papers.

[I have written extensively on various issues both as regular columnist and occasional contributor in national newspapers from Kathmandu as well as local newspapers from Pokhara, Damauli and other cities. For instance, the national broadsheet daily *Space Time Dainik* published my every-Saturday column "Prithak Vichar" from July 2001 to December 2003.]

PAPER PRESENTATIONS (Selected)

1. Communication Education in Nepal and India: Re-orientation, Ferment and Prospects. A paper presented at the National Seminar on 'Communication Education 3.0: Synergizing Technology and Development' organized by the Department of Mass Communication and Journalism, Tezpur University, Assam, India, on 25-26 March 2017.
2. Towards reconciliation of Eastern and Western philosophy: A special reference to communication theory. A paper presented at the International Seminar on Critical Issues in Eastern and Western Philosophy organized by the University of Malta and the Nepal Academy in Kathmandu on 19 December 2016.

3. Journalism Education in Nepal from Curricular Perspective. A paper presented at a seminar on Overcoming Challenges of Journalism Education in Nepal organized by the University Grants Commission, National Integrated College, and Media Action Nepal, Kathmandu, 2016, May 16-17.
4. Mahatma Gandhi and the Sadharanikaran Model of Communication. A paper presented at the 2nd World Conference of GERA on "Gandhian Thought: Globalization and Education" organized by Global Education Research Association (GERA), Dhulikhel, 2013 September 2-3.
5. Theory building through research: An exposition from Bharatavarshiya perspective. A paper presented at the national seminar on "Cultivating Research Culture in Media" organized by the Noida Campus of MC National University of Journalism and Communication, New Delhi, 2013 April 6-7.
6. Sadharanikaran Media Analysis Technique. A paper presented at the Media Research Workshop jointly organized by Kathmandu University and Martin Chautari, Kathmandu, 2012 September 10.
7. Mahilamathi hune himsa nyunikaranka lagi sanchar madhyamko bhumika: Midiya-prabhav anusandhanko drishtibindubata. A paper presented at a seminar jointly organized by the Government of Nepal, Office of the Prime Minister and Council of Ministers, National Women's Council and Sancharika Samuha, Kathmandu, 2012 April 3.
8. *Athato sanchar-jijnasa*: The sadharanikaran model of communication. A paper presented at the international conference on 'Diversity and Plurality in Media: Reflections of Society' organized by Makhanlal Chaturvedi National University of Journalism and Communication, Bhopal, Madhya Pradesh, India, 2011 December 27-28.
9. Exclusion Institutionalized: Assessment of Journalism Education in the Universities of Nepal from Gender Perspective. A Paper Presented at the 2nd Media Research Conference organized by Martin Chautari, Kathmandu, 2011 March 27.
10. Explorations Within: Theorizing Communication and Positing Media Ethics Paradigm from Hindu Perspective. A Paper Presented at the 1st Media Research Conference organized by Martin Chautari, 2010, March 25-26, Kathmandu.
11. Sadharanikaran model of communication and conflict resolution. A paper presented at the Third International Conference on Conflict Resolution and Peace organized by World Organization of Students and Youths, 2010, February 3-4, New Delhi.
12. Sadharanikaran model of communication: An introduction. A paper presented at the Seminar on Communication Theory organized by Communication Study Center, 2010, January 9, Kathmandu.
13. Communication from Hindu perspective. A paper presented at the Media Discussion Series at Martin Chautari, Kathmandu, 2007 October 11.

KEY-NOTE/PLENARY & OTHER SPEECHES (Selected)

1. Plenary speech on Media Education in India and Nepal: Scope for Collaboration at the International Seminar on Role of Media in Promoting India-Nepal Relation, organized by the Makhanlal Chaturvedi National University of Journalism and Communication, Kathmandu, Nepal, 2017 April 4.
2. Plenary speech on Approaching New Global Order in the Making from Nepal's perspective at the conference on Revisiting Nepal's Foreign Policy in Contemporary

- Global Power Structure organized by Asian Institute of Diplomacy and International Affairs (AIDIA), Kathmandu, Nepal, 2017 April 1.
3. Plenary speech on Ancient Communication Policy of Ancient Bharatavarsha. The International Conference on India's Communication Policy and Strategy organized by the School of Communication, Manipal University, Manipal, India, on 2017 March 17-18.
 4. Keynote speech at the International Conference on "Social Media and Governance: Prospects and Challenges" organized by the Department of Journalism and Mass Communication, Manv Rachna International University, Haryana, India, 2017 March 4.
 5. Keynote speech at the International Seminar on Changing Trends of Election Campaigning in Democratic Countries organized by the Kasturbagam Rural Institute, Indore, India, 2017 January 15.
 6. Panel speech on Approaching Abhinavagupta from Communication Research Perspective. Special Seminar on "Abhinavagupta: Communication and Media" coordinated by MC National University of Journalism and Communication at the National Scholars Confluence (Vidvat Sangam) organized by Acharya Abhinavagupta Millenium Year Celebrations Committee &, Banglore, India, 2017 January 6-7.
 7. Plenary speech on Communication Tradition of Ancient Bharatavarsha at the Seminar on *Bharata ki Jnana Parampara*, Patna, India, 2016 December 5-6.
 8. Keynote speech on the philosophical basis of inclusive unity in Nepal. A seminar on the occasion of International Philosophy Day organized by the Dept. of Philosophy, Tri-Chandra Campus, Kathmandu, Nepal, 2014 November 19.
 9. Special speech as the Chief Guest at the valedictory session of International Seminar on Literature and Cinema organized by New Arts, Commerce and Science College, Shevgaon, Ahmednagar, Maharashtra, India, 2013 December 27-28.
 10. Panel speech on Sahrdayata in Economy and Sadharanikaran Model of Economics. The international seminar on "Nepal-Bharat Relations: Consolidation and Exploration of Prospects for Extended Cooperation" organized by Nepal-Bharat Sahayog Manch, New Delhi, India, 2012 December 14-15.
 11. Plenary speech on the concept of Sahrdayata at Sahayatra – an intercollege media students' meet, Kathmandu University, 2010 June 6.

LECTURES/WORKSHOPS CONDUCTED (Selected)

1. Lecture on Sadharanikaran Model of Communication at Guru Govinda Singh Indraprastha University, New Delhi, India, 2017 January 16.
2. Lecture on the Sadharanikaran Model of Communication at Lingaya's Lalita Devi Institute of Management and Sciences, New Delhi, India, 2013 April 8.
3. Research Workshop for Ph.D. scholars and M.Phil. students, Makhanlal Chaturvedi National University of Journalism and Communication, Bhopal, India, 2013 Feb. 14-21.
4. Workshop on research methodology to Ph.D. scholars, Department of Journalism and Mass Communication, Dev Sanskriti University, Haridwar, India, 2012 November 7-11.

RESEARCH PROJECTS (Selected)

Lead Researcher, The UNESCO research “Policy Reform for Ensuring Inclusion for Marginalized Communities in Nepali Media.” Dignity Initiative, Kathmandu, August-November 2016.

As the Lead Researcher, I was assigned for overall leadership of research team, planning, monitoring, design of research, data analysis and interpretation, draft report, and final report writing.

Principal Research Expert, The UNESCO research “A Study on Impunity in Nepal with special reference to Journalists’ Safety.” Society of Development Communication, Kathmandu, August-November 2015.

As the Principal Research Expert, I was assigned for overall leadership of research team, planning, monitoring, design of research, data analysis and interpretation, draft report, and final report writing. The report was published as a book.

Lead Researcher, The UNESCO research "National Media Safety Landscape for Journalists in Nepal." Society of Development Communication, Kathmandu, January-July 2015.

As the Lead Researcher, I was assigned for overall leadership of research team, planning, monitoring, design of research, data analysis and interpretation, draft report, and final report writing.

Principal Research Expert, The UNESCO research "Analyzing Journalism Curricula of the Universities in Nepal." Society of Development Communication, Kathmandu, September-December 2014.

As the Principal Research Expert, I was assigned for overall coordination of research team, planning, monitoring, design of research, data analysis and interpretation, and final report writing. The report was published as a book.

Team Leader, The UNESCO research “Monitoring of Media Content against Professional Standards to Provide Feedback to Male and Female Journalists on Their Professional Practices and Areas for Improvement.” Human Rights Journalists’ Association, Kathmandu, June-September 2014.

As the Team Leader, I was assigned for overall coordination of research team, planning, monitoring, design of research, data analysis and interpretation, conducting the national consultation, and final report writing.

Consultant (Researcher), The UNESCO research “Analyzing the Status and Capacity of Functional Media Rights Monitoring and Response Desks of Professional Organizations in Nepal.” UNESCO, January-February 2014.

As the consultant, I was solely responsible to conduct the study thereby handling all the stages of the research.

Team Leader, The UNESCO research "Inception Context Analysis on the Safety Situation of Journalists in Nepal," Kathmandu University, August-December 2013.

As the Team Leader, I was assigned for overall coordination, management, planning, monitoring, design of research, data analysis and interpretation, conducting the national consultation, and final report writing.

Consultant (Researcher), The research “Approaching the Constituent Assembly deadline through media coverage: Media functions perspective.” Search for Common Ground, Kathmandu, August-October 2012.

As the consultant, I was solely responsible to conduct content analysis of various newspapers thereby handling all the stages of the research.

Member, The UNESCO Steering Committee for the Media Development Indicators (MDI) Assessment Research, January-December 2011.

The Steering Committee was responsible for taking overall responsibility for the MDI assessment process, approving the terms of reference for the research team in charge of conducting the assessment, discussing and making recommendations on the implementation of the media assessment, and advise the contractor implementing the assessment, acting as spokespersons for the assessment process, creating awareness and links between the process and different media actors, participating in the planning of the multi-stakeholder national conference and regularly reviewing the assessment process.

Research Fellow (Chautari Media Fellowship), Martin Chautari, Kathmandu, August 2010-January 2011.

Conducted a research entitled “Readability of Editorials in Nepali Broadsheet Dailies.”

Team Leader, The UNFPA research “Journalism Curricula in Nepal: A Study from Gender Perspective.” Sancharika Samuha Nepal, Lalitpur, July-September 2010.

As the Team Leader, I was assigned for overall coordination, management, planning, monitoring, design of research, data analysis and interpretation, and final report writing.

Researcher (Mini Research Grant), University Grants Commission, Sanothimi, Bhaktapur, June-November 2010.

Conducted a research entitled “Readability of Nepali Broadsheet Dailies Published from Kathmandu.”

EDITING OF JOURNALS, MAGAZINES & NEWSPAPERS

Editor, *Darshan Drishti* (Bi-annual) [ISSN: 2091-1823], since January 2012.

Major responsibilities include editing of the publication.

Editorial Board,

Journal of Content, Community and Communication [ISSN: 2395-7514], since 2015 June.

Chauthi Satta journal, since January 2015.

Board of Advisor, *Journal of Advanced Research in Journalism & Mass Communication* [ISSN: 2395-3810], since July 2015.

Co-editor, *Bodhi: An Interdisciplinary Journal* [ISSN: 2091-0479], January 2007-December 2013.

Major responsibilities included editing of the journal.

Coordinator/Editor, Publication Committee of the 3rd South Asian University Youth Festival (SAUFEST), February 2008.

Major responsibilities included planning and coordination of the committee, and editing of its publications.

Editor, Inseconline (www.inseconline.org: daily updated news portal in Nepali and English), January 2005 to November 2006.

Major responsibilities included news editing.

Editor, *Prachi* Bimonthly, 2006.

Major responsibilities included editing of the magazine.

Guest Editor, *Deshpreem* weekly, May 2003 to December 2004.

Major responsibilities included editing of the newspaper and writing special editorials and news analyses.

Executive Editor, *Yugpatra* weekly, June 2004 to August 2004.

Major responsibilities included editing of the newspaper and writing editorials and news analyses.

News/Feature Editor, *Ghatana Ra Bichar* weekly

- News Editor 11 July 2001 to 17 October 2001

Major responsibilities included news editing and writing news analyses.

- Feature Editor, 8 November 2000 to 10 July 2001.

Major responsibilities included editing and writing of features in the newspaper.

Editor, *Taranga* literary paper, 1995-1997.

Major responsibilities included editing of the literary paper and writing editorials and literary pieces.

OTHER WORK EXPERIENCES

DOCUMENTATION

Human Rights Documentation Officer, Informal Sector Service Center (INSEC), January 2005 to November 2006.

Major responsibilities included copy editing of Human Rights Year Book and editing of other publications by INSEC.

NEWS REPORTING

Special Correspondent, *Ghatana Ra Bichar* weekly, 19 June 1996 to 7 November 2000.

Major responsibilities included news reporting and writing columns.

CONSULTANCY (Selected)

Consultant, Outreach Media, Kathmandu, June-July 2016.

Evaluation of the UNESCO/EU Project “Empowering People to Enjoy Their Right to Information for Greater Accountability of Nepal’s Power Holders”

Consultant, Namsaling Community Development Center, Ilam, June-December 2015.

“Communication and Marketing Strategy Consultant”

Major responsibility was to design Communication and Marketing Strategy for the Sustainable Development Planning Project of NCDC.

Consultant, Jagaran Media Center, Kathmandu, April-June 2014.

"National Level Essay Competition on Importance of Press Freedom, Media and Journalists' Safety"

Major responsibilities include preparing a guideline for the essay competition, heading the three member expert committee to judge and reward top three competitors, and editing the anthology of the selected essays of the competition,

Consultant, Media Advocacy Group, Kathmandu, June 2014.

"Training for Entry-level Journalists."

Major responsibilities include preparing a training manual for entry-level journalists and editing a handbook with regard to this.

Principal Trainer, International Commission of Jurists (ICJ), December 2012.

Major responsibilities included preparing training manual and give training for journalists on gender sensitive reporting, organized in Dhulikhel

Consultant, Sancharika Samuha Nepal, Lalitpur, July-August 2012.

Major responsibilities included preparing "News Reporting and Gender: A Module" and its dissemination.

Consultant (Trainer), LGCDP, Ministry of Local Development, January-December 2011.

Major responsibilities included preparing training module and conduct regional level trainings on development journalism organized in Biratnagar, Pokhara, Nepalganj, Dhangadhi and Bharatpur.

Consultant, Sancharika Samuha Nepal, Lalitpur, July-August 2011.

Major responsibilities included preparing "Gender Studies to Journalism Students: A Module" and its dissemination.

EVALUATION/ASSESSMENTS

1. **Expert**, Manuscript evaluation for publication, Nepal Prajna-Pratisthana (Academy), 2016.
2. **Member**, The sub-committee to assess the proposal for Longitudinal and Final Survey, Peace Project, Nepal Television, 2014.
3. **Member**, The selection committee for various awards/felicitations by Shabda Yatra Prakashan, Akshardham, Banepa, December 2013.
Major responsibility included identification of and decision about awardees.

TRAININGS RECEIVED

Advance Level Training on Research Methodology organized by Nepal Sanskrit University Research Center, Kathmandu, 2010 April 2-8.

Advance Level Training on Human Rights Documentation organized by FORUM-ASIA & INSEC, Kathmandu, 2005 July 8-14.

AFFILIATION TO PROFESSIONAL ORGANIZATION

President, Media Educators' Association of Nepal, 2007.

OTHER AFFILIATIONS

Chairman

Jaro Kilo Pratisthan Nepal (a not-for-profit organization), Kathmandu, since April 2017.
Spring Valley Academy (a community-based school), Kathmandu, since January 2016.

Patron

Sahridayata Samaj Nepal (a community-based Non-Governmental Organization), Bhaktapur, since April 2017.

FELLOWSHIPS

Bharata Muni Research Fellowship, 2012-2013.

Sancharika Fellowship for Faculty Research, 2012.

Chautari Media Fellowship, 2010.

Swami Vivekananda Paritoshika, 2009.

AWARDS/PRIZES/FELICITATIONS

Public felicitation at the Tanahun Mahotsav 2017.

Geetal Pratishthan tatha Natak Manch Samman, 2014.

CSC Samman 2012.

Kailali Janapustakalaya Samman 2011.

Utkrista Yuva Puraskar, 2008.

Haraf Sahityik Samman, 2004.

Shukla Gandaki Samman, 2004.

First prize with gold medal, National Inter-Campus Essay Competition organized by Tribhuvan University, Kathmandu, 1997.

First prize, National Inter-Campus Essay Competition organized by Salt Trading Corporation Limited, Kathmandu, 1997.

First prize, National Environment Poetry Contest, Kathmandu, 1992.

LANGUAGE COMPETENCE

Nepali, English, Hindi

COMPUTER SKILL

Desktop publishing, and computer-aided and Internet-based research

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